

# Vision Storyboard Activity & Reflection

The vision storyboard activity below is a way to tell the universe in any way you see fit everything you dream your home and life to be. Say, “Yes, and . . .” Enjoy the limitless boundaries and just “play house” with complete abandon. Give yourself permission to dream of a space and a life you have always wanted to live in.

## *Vision Storyboard Activity*

**WHAT:** Construct your vision storyboard.

**WHY:** Activate the universe in delivering your dream home and life.

**HOW:** Use any medium (lists, magazine or personal photos and words, on- line tools, etc.) and construct a visual image of the dream life and home you want.

**TOOLS:** Large poster board, a cut-up paper grocery bag, or the non-printed side of wrapping paper. A place to house your images (physical folder or Ziploc bag). Computer or tablet to generate digital images, a folder, and a document to create a storyboard. Camera. Scissors. Glue. Markers or colored pencils. Tape.

**TASK:** Complete your vision storyboard. Use glue or tape to affix images, words, or other decorative elements to display your vision on one cohesive sheet of paper.

**TIME:** Two to three hours.

# Vision Storyboard Activity & Reflection

## *Reflection Activity*

**WHAT:** How did you know your storyboard was complete? In the space below, answer the reflection question.

---

---