

To-Go List, Activity & Reflection

The giving plan has two parts. Part one The Donation Tool for Organizations identifies which organizations you want to work with. This tool, the to-go list is a project management tool combines the organizations *and* includes all those items you identify that are leaving.

Start one room at a time. Identify items in each space that will be on the chopping block. The “To-Go” List is an opportunity to think about what and how you might get rid of your items. Bring your vision along for the ride.

Giving Plan To-Go List by Room			
Room	Item	Giving Plan Option	Gone

To-Go List, Activity & Reflection

Creating Your "To-Go" List

WHAT: Create your own "to-go" list.

WHY: To organize what and how excess leaves.

HOW: Visit each living space. Fill out all columns for each known item that is leaving.

TOOLS: Notebook. Writing utensil. Computer or tablet. Excel spread- sheet.
Re-created to-go list.

TASK: Room by room. Drawer by drawer. Shelf by shelf. Write in your to- go list what goes and where it goes.

TIME: As long as it takes to tackle all excess.

Reflection Activity

WHAT: When do you feel powerful and in charge? In the space below, answer the reflection question.
