

Mini Feel Activity

Explore the Feel You Want in Your Space

Libraries hold inspiration in shelved books and magazines to explore the feel you want in your space. Other ideas are retail paint supply stores, home furnishing showrooms, family, and friends can be great sources of inspiration. Local colleges or universities have design students who may need a project to work on. Expect good listening skills and an interest to reflect *your* vision and not a current trend or assignment. Your knowing leads the way.

Use the mini feel activity below to explore adjectives that describe your ideal room. For example, is your style funky? Search online for funky or similar words like joyful, wild, 70's style, modern or unconventional. As you explore begin to define your own idea of funky. Is your style meditative? Words like reflective, introspective, prayerful and awake. What inspiration do you get from these descriptors? Save these ideas in an online or physical folder. What spaces reflect you and feel right?

Mini Feel Activity

WHAT: Name three things that represent the feel you want for your space.

1. _____
2. _____
3. _____

WHY: To accomplish your “feel goal.”

HOW: Adjust furniture and accessories within your space to achieve your feel goal.

TOOLS: Any existing furniture and accessories.

TASK: Choose one room. Through trial and error create a space that reflects the feelings listed above.

TIME: One hour